

Metamorphosis

Do You Love Change, Simplicity and Touch?

Helpful for personal growth, family & relationship dynamics, pregnancy, animal care addictions, transition, grief, trauma recovery.



Metamorphosis addresses tension that arrived at conception and infused in your spine during gestation. This underlying unconscious tension explains why so many people struggle with issues they cannot seem to change. Learn how unconscious tension is at the source of these issues and a gentle means to address it. We work on the spinal reflex points on the feet, hands, and head - the three ways we correspond with life; moving forward, doing/coping, and thinking.

This approach is non-verbal and deeply relaxing. You will find yourself functioning with more grace and ease in your life. Your relationships and your well-being improve as unconscious tension eases.

Cindy Silverlock studied with the founder of Metamorphosis. She has devoted the last 30 years to understanding Metamorphosis in her daily life. She knows this work in her bones and her teaching inspires!

Cindy has taught throughout the USA, in Canada, Finland, and New Zealand. She is the author of, *Metamorphosis, Creating Consciousness Through Touch* and *An Intro to Metamorphosis*. Her books and DVD have sold world-wide.

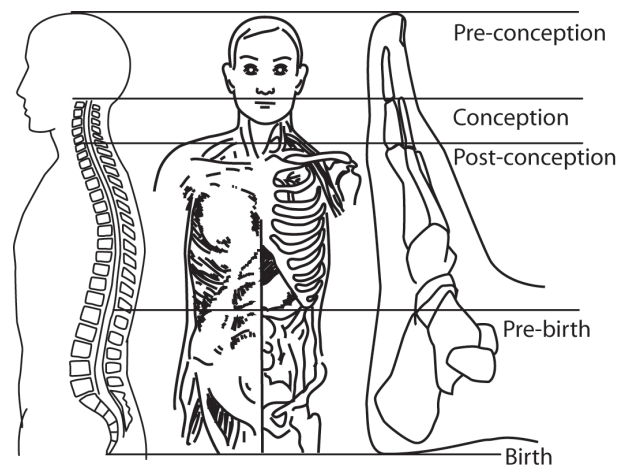
Dean Silverlock is an Australian born certified Reflexologist. He studied Metamorphosis with Robert in 1989 and assists with classes. His passion is helping men/husbands feel comfortable with this life changing work.

Metamorphosis Class with Cindy Silverlock May 30 & 31, 2020

Location: HCP Reflexology Institute
7332 194a St #16, Surrey

Time: 9am-4:30pm
Cost: \$295 CAD

To Register: contact Helga Petersen
604-825-4645, info@hcpreflexology.com
hcpreflexology.com/Upcoming%20Events.htm



For more information about Metamorphosis contact:
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Books, DVD, Practitioner Directory

www.MetamorphosisCenter.com