

# Metamorphosis Class

## Do you Love Change, Simplicity & Touch?

Helpful for personal growth, family & relationship dynamics, pregnancy, animal care abuse & trauma recovery, addictions, grief, transition.



Metamorphosis addresses tension that arrived at conception and infused in your spine during gestation. This underlying unconscious tension is an invisible barrier that inhibits your ability to create, cope, function, and heal from the past.

Learn how unconscious tension is the source of negative personality traits and challenging issues, as well as, a gentle means to address it. We work on the spinal reflex points on the feet, hands, and head - the three ways we correspond with life; moving forward, doing/coping, and thinking.

This approach is non-verbal and deeply relaxing. You will find yourself functioning with more grace and ease in your life. Your relationships and your well-being improve as unconscious tension eases.

**Cindy Silverlock** studied with the founder of Metamorphosis. She has devoted the last 30 years to understanding Metamorphosis in her daily life. She knows this work in her bones and her teaching inspires!

Cindy has taught throughout the USA, in Canada, Finland, and New Zealand. She is the author of *An Intro to Metamorphosis* and *Metamorphosis, Creating Consciousness Through Touch*. Her books and DVD have sold world-wide.

**Dean Silverlock** is an Australian born certified Reflexologist. He studied Metamorphosis with Cindy in 1989 and assists with classes. His passion is helping men/husbands feel comfortable with this life changing work.

### Harrison, BC

Friday May 3, 2019

Classes open to all, no experience needed.  
for USA, 6 ARCB CE's

**Time:** 9am-5:00pm

**Cost:** \$200 CAD

**Location:** Harrison Hot Springs Resort

100 Esplanade Ave, Harrison Hot Springs, BC V0M 1K0

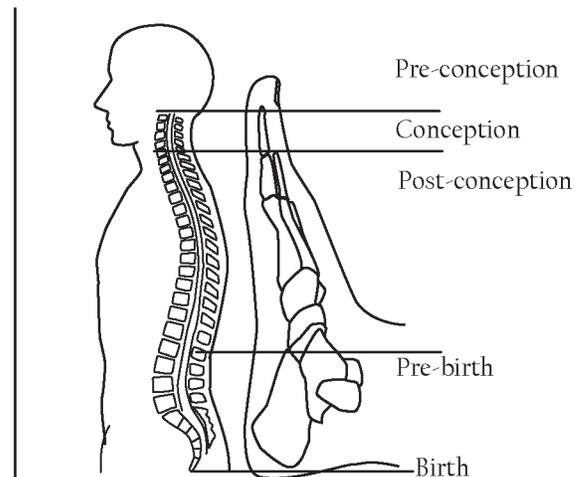
604-796-2244, <http://www.harrisonresort.com>

**Local Coordinator:** Helga Petersen, [info@hcpreflexology.com](mailto:info@hcpreflexology.com)

**To Register:**

<https://metamorphosiscenter.com/metamorphosis-order-form>

**Private Treatments:** Thursday, May 2 - \$100 CAD



**For more information contact:**

Cindy Silverlock - [cdsilver11@gmail.com](mailto:cdsilver11@gmail.com), 707-537-5911

Books, DVD, Practitioner Directory

[www.MetamorphosisCenter.com](http://www.MetamorphosisCenter.com)

[Class Testimonials](#) ⇨⇨⇨

## Testimonials

This work has had a real resonance in me, which doesn't happen very often. The philosophy that drives it, the exquisite combination of complexity and simplicity, and the power of it have intrigued me. It feels like the truth to me and since I am on a constant search for beauty and truth in this world, I have been quite taken.

- Karen McClure, Missouri

Your integrity, honesty, and presence were a gift and an inspiration. I thank you from the heart.

- Maggie Griffin, New Mexico

I have known Cindy for 20 years. She has a depth of integrity fueled by passion for her work that stands out from all of my teachers over my life. - Donald Toomim, Oregon

I could not have asked for a nicer, more straightforward, concise, and dedicated teacher! The weekend was fabulous. - Janet Lee, Maryland

I took Cindy's Metamorphosis class with an open mind – not really expecting anything. Reading the book and then participating in the class touched me in a profound way – since I always felt and knew that there must be a simple approach to a balanced life and healing. Metamorphosis has given me an answer and I am looking forward to finding out more! Thank you Cindy! - Marionna Sabia, Massachusetts

I was so surprised to like your workshop and the information as much as I did. Thanks for starting me on the path of my own metamorphosis. I am inspired beyond words. - Cecilia Bennett, Massachusetts

Cindy is a great teacher. She easily leads people through explanation of profound concepts and into an understanding of how they apply to one's daily life. Simple and so profound! Thank you to Cindy for making this relevant work her life task. - Petra van Noort, New York

This class changed my whole thinking on healing. It reminded me how natural everything is. Cindy's presence and way of teaching is also very natural, she is such a warm person. - Paula Pitkänen, Finland

The workshop has left a profound and reverberating impact on me. I thoroughly enjoyed the simplicity of the format which allowed each of us to absorb the concepts of Metamorphosis. - Gill Gibbons, New Zealand

Cindy Silverlock is a special teacher. She teaches something she obviously loves with all her heart and she teaches from her heart. This is the main factor why Metamorphosis made sense to me. Metamorphosis came alive for me in a helpful and useful manner watching and listening to her explanations.

- Jane Ivey, Fillmore, California

This class truly changed my life. I feel a change in me, a calmness that has never been there before. I don't react to situations the way I used to. It really helps me on a daily basis. - J.L. Moncton, Canada

I loved the class, you did a fantastic job – without notes!! Very impressive. It's so remarkable that you and Dean are able to put yourselves in such a vulnerable position to make your point. Takes courage to do, and courage to change. Awesome! - Dot DeCesare, Connecticut

Your personal and informal way of sharing the wisdom of Metamorphosis brought the work to life for me. Thank you very much for this inspiring class. - Susanne Hoogwater, Colorado

Learning Metamorphosis with Cindy was a life changing event for me. Her depth and experience with this method is a profound gift for those who get to work with her. She is gracious with her time and knowledge. Metamorphosis is so gentle and powerful in my experience, that it is applicable to all who feel called to let it work in their lives. Thank you Cindy for being a keeper and sharer of Metamorphosis! - Nyla Newman, Colorado